



Coaches' GAME PLAN



Skills Back Door



01



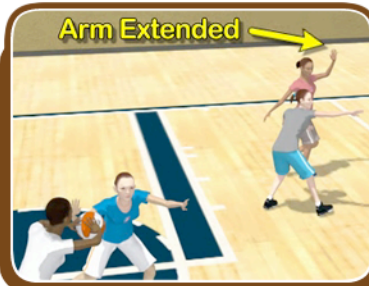
Ask a player to start on the block.



02



Then she cuts to the wing to draw defender out.



03



She should have her arm extended, anticipating the pass.



04



Then her teammate should fake a pass to her.



05



As defender reacts to fake, she changes directions and cuts to basket.



06



She looks for a pass, gathers herself and shoots a lay up.

Notes:

Blank area for notes.